

Date: \_\_\_\_\_

## Private Coaching Survey

A Personal Dance History and Self-Assessment for Dancers  
(How do you hope to benefit from coaching sessions?)

Name: \_\_\_\_\_ Age: \_\_\_\_\_ DOB: \_\_\_\_\_

### General Dance History:

In which dance/performing arts/athletic genres have you trained (if any)?

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How long have you trained in each of the above areas (if applicable)?

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### Self-Assessment/Goals and Objectives:

Strengths:

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Weaknesses:

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Technical goals:

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Comments or other goals (i.e. strength, flexibility, audition/competition prep, pointe, etc):

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I have completed respective facility waivers/registration forms.